

Welcome to a Brighter Day



Kite Fest, Kennedy Park

Photos by Peggy Pontillo

Vol. 22, No. 6

June 2017



2717 - 67th Street
Kenosha, WI 53143-4671

Phone: 262-359-6260

Visit us on the web at:
kUSD.edu/seniorcenter

“Like” us on Facebook at:
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Program Director
Denise Jacob

Secretary/Newsletter Editor
Peggy Pontillo

Senior Center Hours:
Mon-Fri 8:30 am-3:45 pm
Saturday 9:00 - 11:45 am

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Dear Friends,

Our walking group at the Kenosha Senior Center is called, “*Goldens on the Go*”. We had a kick off event last month, to get everyone fired up. Aerobics, running and team sports are fine for some, but injuries are common, and some people just can’t do those things. Walking is an activity that is less stressful, readily available to everyone, and easy to include in your daily routine. Walking has many benefits. It gently strengthens the cardiovascular system, invigorates the body, clears the mind and restores the spirit. Walking gets our juices flowing, increasing blood flow to the brain and muscles giving us a full, flushed feeling of well-being. When we walk and exercise, our ligaments and tendons are stretched, maintaining the range of motion in our joints. Walking in sunlight actually stimulates vitamin D production, which increases our body’s absorption of calcium, so vital to strong bones and teeth. Walking also strengthens our bones by stressing them, thus lessening the chances for osteoporosis.

You don’t need to reach Olympian heights to benefit from walking. You can walk a little or walk a lot. You will still enjoy the benefits. Just walk regularly. Most weeks we meet down at the Civil War Museum at 8:00am or 10:30am and walk along the lakefront, but we also go to Pets Park and Lake Andrea. You can find a schedule of the walks on pg. 5 of the newsletter or you can pick one up at the Center. Join us and walk your way to better health, by becoming one of the *Goldens on The Go*!!

See you at the Center,

Denise





Date: Thursday, August 3, 2017
Location: State Fair Park, West Allis, WI
Prices: Members: \$25.00, Non-members: \$30.00

Tickets go on sale to members on Tuesday, June 13, 2017. Numbers will be handed out at 8:30 am and the sign up begins at 8:40. You are allowed to sign up for yourself and one other member only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, June 14.**

Trip Description: Join us as we travel to the Wisconsin State Fair - for the animals, the entertainment, and the Cream Puffs!! Traveling with us is a great value and so convenient. No driving, no paying for parking in a far away lot. You'll enjoy air conditioned comfort on the bus and be dropped off right in front of the entrance. When was the last time you got to go to the state fair?

On the day of the trip arrive at the East side of the Shopko parking lot, 5300 - 52nd Street in Kenosha, by 8:45 am to sign in and load the bus. The bus will depart Shopko at 9:00 am and return at approximately 5:30 pm.

Odyssey Cruise & Navy Pier

Date: Thursday, August 24, 2017
Location: Chicago, IL
Prices: Members: \$73.00
 Non-members: \$78.00



Tickets go on sale to members on Tuesday, June 20, 2017. Numbers will be handed out at 8:30 am. The sign up begins at 8:40. You are allowed to sign up for yourself and one other member only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, June 21.**

Trip Description: We'll board the ship *Odyssey* for a relaxing cruise on Lake Michigan with beautiful views of the Chicago skyline and a delicious chef prepared meal. There will also be time to explore Navy Pier. You can rest in doors in air conditioned comfort, sit outside by the fountain, or shop like mad! You choose, it's your afternoon vacation!

Meal: A gourmet lunch on the *Odyssey* is included. You will make your meal selection that day, from the menu on board the ship.

On the day of the trip arrive at the east side of the Shopko parking lot, 5300 - 52nd Street in Kenosha, by 7:45 am to sign in and load the bus. The bus will depart Shopko at 8:00 am and return at approximately 6:00 pm.

Milwaukee Brewers Baseball Game

Tickets on
Sale Now!



Date: Thurs. June 22, 2017
Trip: Brewers vs Pirates Ballgame at Miller Park
Prices: Members: \$38.00, Non-members: \$43.00

Trip Description: It's the Brewers vs. the Pirates. The price includes your ticket to the game & transportation by deluxe motor coach. Don't hesitate to sign up, our baseball trips fill up quickly.

On the day of the trip arrive at the East side of the Shopko parking lot, 5300 - 52nd Street in Kenosha, by 9:45 am to sign in and load the bus. The bus will depart Shopko at 10:00 am and return at approximately 6:00 pm.

Back to the 50's

Only a few
tickets left!



Date: Thursday, July 6, 2017
Show: Back to the 50's at the Fireside
Prices: Members: \$84.00, Non-members: \$89.00

Show Description: We'll go back to the decade that brought us TV dinners, hula hoops and Rock and Roll. The Fireside band will perform music from Jerry Lee Lewis, Buddy Holly, Patti Page, Elvis and many more.

Menu: Signature Salad, Freshly Baked Breads, Beef Short Rib, Chicken Breast, Whipped Potatoes, sautéed Brussels Sprouts, Peach Turtle Ball Sundae, Coffee, Tea or Milk

On the day of the trip arrive at the East side of the Shopko parking lot, 5300 - 52nd Street in Kenosha, by 8:30 am to sign in and load the bus. The bus will depart Shopko at 8:45 am and return at approximately 5:30 pm.

Kenosha Kingfish Ballgame & Tailgate Party!

Tickets on
Sale Now!



Vs.



Date: Wednesday, July 26, 2017
Location: Simmons Field, Kenosha
Prices: Members: \$20.00, Non-members: \$25.00

Description: Join us at the ballpark as we root for our hometown team! The price includes your ticket to the game, and a Tented Tailgate Party with all you can eat and drink ballpark food & soda for one hour before the game. Come and cheer for your new favorite team with your friends from the Kenosha Senior Center! ***You must provide your own transportation to Simmons Field.**

On the day of the trip arrive at Simmons Field at 11:00 am to meet Denise and pick up your ticket. She will be next to the building near the entrance.

Kenosha Senior Center Trip Policy

» We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket, but refunds can only be given if there is a waiting list and we are able to sell your ticket to someone on that list. The reason for this is we do not keep the money you give us, it goes directly to the venue to pay for the event, and the venues do not give refunds. Please call 359-6260 and speak with a staff person to let them know you cannot attend the trip. We will give you our return instructions and do our best to find a replacement for you. If we are successful in finding a replacement, you will be notified to come & pick up your refund.

» To pay member prices you must be a member both when you purchase your ticket and on the day of the trip. 3

FREE Community Events in June

Outta Sight Kite Flight

Saturday & Sunday, June 3 & 4
10:00 am - 5:00 pm
Kennedy Park
4051 - 5th Avenue

Good Old Summertime Art Fair

Sunday, June 4, 10:00 am - 4:00 pm
Civic Center Park
900 - 57th Street

Rebels and Redcoats

Revolutionary War Reenactment

Saturday & Sunday, June 10 & 11
10:00 am - 4:00 pm
Petrifying Springs Park, Area 3

Food Folks & Spokes

Thursday, June 15, 2017
Library Park

Bloomin' Bands

Friday, June 16, 5:00 - 10:00 pm
Saturday, June 17, 3:00 - 10:00 pm
Moose Lodge (open to the public)
3003 - 30th Avenue

Gateway Rose Society Rose Show

Saturday, June 24, 12:30 - 4:00 pm
Kenosha Public Museum

Parkside 27th Annual

Summer Arts & Crafts Festival

Saturday, June 24, 10:00 am - 3:00 pm
UW Parkside
900 Wood Road

24th Annual Kenosha Car Club Car Show

Sunday, June 25, 10:00 am - 3:00 pm
Moose Club (open to the public)
3003 - 30th Avenue

Volunteers Needed for Membership Registration

Next month (July) is our annual membership renewal & sign up and we need volunteers to help us. If you are able to sit by the front desk and take memberships, we need you.

Volunteer times are:

Mornings 8:15am - 12:00pm

Afternoons 11:45am - 3:45pm

Call the Senior Center at 359-6260 and sign up for a shift or two.

Craft Fair Sign Up Begins

Returning 2016 crafters can begin signing up for the November 11, 2017 Craft Fair on Wednesday, June 7th at 10:30 am.

Members pay \$20 for room 111 and \$17 for room 121. Non-Members pay \$32 for room 111 and \$29 for room 121. Sign up right away to ensure your place in the craft fair!

New crafters will begin to be allowed to sign up starting July 5th.

Senior Summer Swim

The Summer Swim will be held on Tuesdays and Thursdays from 7:30 - 9:00 am June 13 thru August 24. (No swimming July 4th or 6th) It is held at the Reuther High School pool, 913-57th Street in Kenosha. The cost is only \$25.00 for the whole summer. The fee is paid directly to the lifeguard at the pool. See her to sign up. Summer is the best time to stay cool in the pool!



Goldens on the Go
2017 Walking Schedule
8:00am and 10:30am

DATE	LOCATION
May 31	Civil War Museum
June 7	Civil War Museum
June 14	Civil War Museum
June 21	Petrifying Springs
June 28	Civil War Museum
July 5	Civil War Museum
July 12	Civil War Museum
July 19	Civil War Museum
July 26	Civil War Museum
August 2	Petrifying Springs
August 9	Civil War Museum
August 16	Civil War Museum
August 23	Lake Andrea
August 30	Civil War Museum
September 6	Civil War Museum
September 13	Civil War Museum
September 20	Petrifying Springs
September 23	Alzheimer's Walk
September 27	Senior Center



Are you looking for a way to stay active and socially connected? Join Kenosha's walking group, Goldens on the Go! Sponsored by Kindred at Home

WHO: All Walkers & "Want-to-be" Walkers
 Age 55 and over

When: Wednesday Mornings
 8:00 & 10:30 am
 (← see schedule)

Sign Up: Stop by the Senior Center and pick up a starter pack from Denise.

Learn to Play Bridge

Interested in learning to play bridge? Beginners classes are currently taking place on Thursday afternoons at 1:00 pm. The next session will begin soon. Please contact Denise at 359-6117 if you would like to be included in the next session.

BINGO

June 27, 2017
1:00 pm



Bingo is Free and open to all members of the Senior Center. You must call the Senior Center at 359-6260 and sign-up by the Friday before Bingo day. Prizes & refreshments sponsored by Sheridan Medical.

Membership Registration

Watch for your new membership form in next month's newsletter and don't forget to sign up right away.



Kenosha Senior Center

Updated May 12, 2017

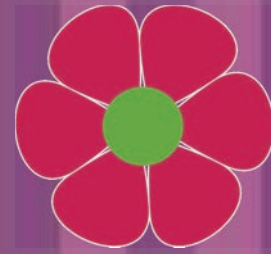
2017 Special Events & Trips

- | | | |
|----------------------|---|---|
| Thurs. June 22, 2017 | - | Miller Park: Brewers Game |
| Thurs. July 6, 2017 | - | Fireside Theatre: Back to the 50's (Live Music) |
| Wed. July 26, 2017 | - | Simmons Field: Kenosha Kingfish Ballgame |
| Thurs. Aug. 3, 2017 | - | State Fair Park: Wisconsin State Fair |
| Thurs. Aug. 10, 2017 | - | Kenosha Senior Center: Annual Picnic |
| Thurs. Aug. 24, 2017 | - | Chicago: Odyssey Boat Cruise / Navy Pier |
| Fri. Sept. 8, 2017 | - | Wrigley Field: Cubs Game |
| Sat. Oct. 7, 2017 | - | St. Charles, IL: Scarecrow Fest |
| Wed. Oct. 18, 2017 | - | Fireside Theatre: Elvis Lives |
| Sat. Nov. 11, 2017 | - | Kenosha Senior Center: Holiday Craft Fair |
| Thurs. Nov. 30, 2017 | - | Holiday Shopping Trip |
| Fri. Dec. 1, 2017 | - | Kenosha Senior Center: Deck the Halls Party |
| Fri. Dec. 8, 2017 | - | Senior Center Christmas Party |
| Wed. Dec. 13, 2017 | - | Fireside Theatre: Miracle on 34th Street |

**Other trips may be added. All events and trips are subject to change.
Please check the newest Newsletter for current trip information.**



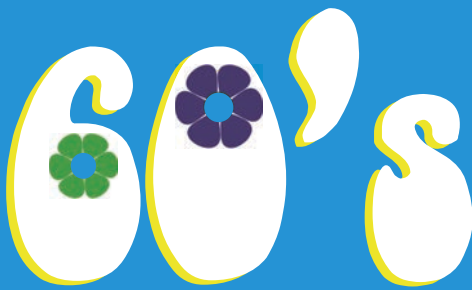
Photos this page by Denise Jacob.



60's Dance
Friday, June 16, 2017
1:30 pm at the
Kenosha Senior Center

Dances are Free and open to the senior public.

Snacks & Door Prize sponsored by Grove on the Lake & Heritage Woods of Gurnee.



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Kenosha Senior Citizens Council, Kenosha, WI.

A 4C 01-0850

Senior Center Garden



We would like to give a big 'shout out' to Janice Laufenberg, a longtime member of the Kenosha Senior Center and our Garden Volunteer. She does a wonderful job keeping our garden beautiful. We are very thankful for all the time she puts in. Visit the garden and enjoy the different plants throughout the seasons.





Waters Edge

by MGM Healthcare

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 "Last time I was here for therapy, I was very impressed and had great success with my rehab, so I wanted to come back again for the same success. Obviously it's been very good therapy because I never thought I would be leaving this soon!" -James N.



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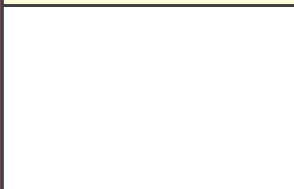
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SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>Pool Tables are open Mon-Fri starting at 9:00 am, except during movies, meetings & dances.</p>				<p>1</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Ping Pong 8:30 Woodturning 9-11 Chorus 9:45-12:00 Beginning Art 1:00 Euchre 1:00 Wii Bowling League 1:00 Woodturning 1-3 	<p>2</p> <ul style="list-style-type: none"> Exercise Class 9-10 Knit & Crochet 9-11 Woodturning 9-11 Amer. Issues 10-12 Cribbage 10:15 Mahjong 10:15 Woodturning 1-3 	<p>3</p> <ul style="list-style-type: none"> Pool Tables 9:00 - 11:45 Ping Pong 9:00 Drop-In 9 - 11:45 Tai Chi 9:15 - 10:15
<p>4</p> <p>Center Closed</p>	<p>5</p> <ul style="list-style-type: none"> Exercise Class 9-10 Woodcarving 9-11 Line Dance Lessons 9-10:30 Woodturning 9-11 & 1-3 Ping Pong 11-2 Pickle Ball 12-2 at the Boys & Girls Club Golf Card Game 12:30 Wii Open Bowling 1:00 Chair Yoga Class 1:00 Book Discussion Group 2:15 	<p>6</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Woodturning 9-11 & 1-3 Sheepshead 9:30 Tai Chi 9:40 Ladies Pool 10:00 Writing for Fun 10:30 Blood Pressure Scr. 11:00 Benefit Assistance 11:30 Dominos 1:00 	<p>7 • Golden on the Go</p> <p>Walking Group 8 & 10:30</p> <ul style="list-style-type: none"> Art Class 9:00 No Computer Club Exercise Class 9:00 Woodturning 9-11 Craft Fair Sign Up 10:30 Scrabble 10:30 Ballroom Dance 10:30 Pickle Ball 11-1 at Boys & Girls Club Sheepshead 1:00 Woodturning 1-3 	<p>8</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Ping Pong 8:30 Woodturning 9-11 Chorus 9:45-12:00 Beginning Art 1:00 Euchre 1:00 Wii Bowling League 1:00 Woodturning 1-3 	<p>9</p> <ul style="list-style-type: none"> Exercise Class 9-10 Knit & Crochet 9-11 Woodturning 9-11 Amer. Issues 10-12 Cribbage 10:15 Mahjong 10:15 Woodturning 1-3 Pool Tables Close 12 Movie: <u>Lion</u> 1:00 	<p>10</p> <ul style="list-style-type: none"> Pool Tables 9:00 - 11:45 Ping Pong 9:00 Drop-In 9 - 11:45 Tai Chi 9:15 - 10:15
<p>11</p> <p>Center Closed</p>	<p>12</p> <ul style="list-style-type: none"> Exercise Class 9-10 Woodcarving 9-11 Line Dance Lessons 9-10:30 Woodturning 9-11 & 1-3 Ping Pong 11-2 Pickle Ball 12-2 at the Boys & Girls Club Golf Card Game 12:30 Wii Open Bowling 1:00 Chair Yoga Class 1:00 Book Discussion Group 2:15 	<p>13 • Trip Sign Up 8:40</p> <p><u>State Fair</u></p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Woodturning 9-11 & 1-3 Sheepshead 9:30 Tai Chi 9:40 Ladies Pool 10 Writing for Fun 10:30 Blood Pressure Scr. 11:00 Benefit Assistance 11:30 Dominos 1:00 Board Meeting 1:00 	<p>14 • Golden on the Go</p> <p>Walking Group 8 & 10:30</p> <ul style="list-style-type: none"> Art Class 9:00 No Computer Club Exercise Class 9-10 Woodturning 9-11 Scrabble 10:30 Ballroom Dance 10:30 Pickle Ball 11-1 at Boys & Girls Club Sheepshead 1:00 Woodturning 1-3 	<p>15</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Ping Pong 8:30 Woodturning 9-11 Chorus 9:45-12:00 Beginning Art 1:00 Euchre 1:00 Wii Bowling League 1:00 Woodturning 1-3 	<p>16</p> <ul style="list-style-type: none"> Exercise Class 9-10 Knit & Crochet 9-11 Woodturning 9-11 Amer. Issues 10-12 Cribbage 10:15 Mahjong 10:15 No PM Woodturning Pool Tables Close 12 60's Dance: 1:30 	<p>17</p> <p>Senior Center Closed</p>
<p>18</p> <p>Center Closed</p>  <p>Happy Father's Day!</p>	<p>19</p> <ul style="list-style-type: none"> Exercise Class 9-10 Woodcarving 9-11 Line Dance Lessons 9-10:30 Woodturning 9-11 & 1-3 Ping Pong 11-2 Pickle Ball 12-2 at the Boys & Girls Club Golf Card Game 12:30 Wii Open Bowling 1:00 Chair Yoga Class 1:00 Book Discussion Group 2:15 	<p>20</p> <p>Trip Sign Up 8:40</p> <p><u>Odyssey Cruise</u></p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Woodturning 9-11 & 1-3 Sheepshead 9:30 Tai Chi 9:40 Ladies Pool 10:00 Writing for Fun 10:30 Benefit Assistance 11:30 Dominos 1:00 	<p>21</p> <p>Golden on the Go</p> <p>Walking Group 8 & 10:30</p> <ul style="list-style-type: none"> Art Class 9:00 No Computer Club Exercise Class 9-10 Woodturning 9-11 Scrabble 10:30 Ballroom Dance 10:30 Pickle Ball 11-1 at Boys & Girls Club Sheepshead 1:00 Woodturning 1-3 	<p>22 • Trip: 9:45</p> <p><u>Brewers Ballgame</u></p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Ping Pong 8:30 Woodturning 9-11 Chorus 9:45-12:00 Beginning Art 1:00 Euchre 1:00 Wii Bowling League 1:00 Woodturning 1-3 	<p>23</p> <ul style="list-style-type: none"> Exercise Class 9-10 Knit & Crochet 9-11 Woodturning 9-11 Amer. Issues 10-12 Cribbage 10:15 Mahjong 10:15 ADRC Rep 11:00 Woodturning 1-3 	<p>24</p> <ul style="list-style-type: none"> Pool Tables 9:00 - 11:45 Ping Pong 9:00 Drop-In 9 - 11:45 Tai Chi 9:15 - 10:15
<p>25</p> <p>Center Closed</p>	<p>26</p> <ul style="list-style-type: none"> Exercise Class 9-10 Woodcarving 9-11 Line Dance Lessons 9-10:30 Woodturning 9-11 & 1-3 Ping Pong 11-2 Pickle Ball 12-2 at the Boys & Girls Club Golf Card Game 12:30 Wii Open Bowling 1:00 Chair Yoga Class 1:00 Book Discussion Group 2:15 	<p>27</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Woodturning 9-11 & 1-3 Sheepshead 9:30 Tai Chi 9:40 Ladies Pool 10:00 Writing for Fun 10:30 Blood Pressure Scr. 11:00 Benefit Assistance 11:30 Dominos 1:00 Free Member BINGO 1:00 	<p>28 • Golden on the Go</p> <p>Walking Group 8 & 10:30</p> <ul style="list-style-type: none"> New Mem Orient 9:00 Art Class 9:00 No Computer Club Exercise Class 9-10 Woodturning 9-11 Scrabble 10:30 Ballroom Dance 10:30 Pickle Ball 11-1 at Boys & Girls Club Sheepshead 1:00 Woodturning 1-3 	<p>29</p> <ul style="list-style-type: none"> Swimming 7-8:30 Aerobics Class 8:30 Ping Pong 8:30 Woodturning 9-11 Chorus 9:45-12:00 Beginning Art 1:00 Euchre 1:00 Wii Bowling League 1:00 Woodturning 1-3 	<p>30</p> <ul style="list-style-type: none"> Exercise Class 9-10 Knit & Crochet 9-11 Woodturning 9-11 Amer. Issues 10-12 Cribbage 10:15 Mahjong 10:15 Woodturning 1-3 	

Kenosha Senior Center Class & Activity List

All classes, activities and fees are subject to change.

Check this month's Activity Calendar & call the Senior Center at 359-6260 to confirm an activity.

<u>Class/Activity</u>	<u>Days</u>	<u>Times</u>	<u>Cost</u>
Aerobics Class	Tuesday & Thursday	8:30 - 9:30 am	\$2.00 per class
ADRC Aging Services	4th Friday	11:00 am	Free
American Issues	Friday	10:00 am - 12:00 noon	Free
Art Class	Wednesday	9:00 - 11:00 am	\$5 per class & your own supplies
Art Class for Beginners	Thursday	1:00 - 3:00 pm	\$5 per class & your own supplies
Ballroom Dance	Wednesday	10:30 - 12:00 noon	\$3.00 per class
Benefit Assistance	Tuesday	11:00 am - 1:00 pm	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00 PM	Free
Blood Pressure	Some Tuesdays (Check Calendar)	11:00 am - 12:00 noon	Free
Book Discussion Group	Monday	2:15 PM	Free
Canasta	Tuesday	1:00 PM	Free
Chorus	Thursday	9:45 AM - 12:00 PM	Free
Computer Club	Wednesday (Sept - June)	9:00 - 11:00 am	Free
Cribbage	Friday	10:15 AM	Free
Dance - Monthly	Third Friday (September thru June)	1:30 - 3:30 pm	Free
Dominos	Tuesday	1:00 PM	Free
Drop-In	Monday thru Saturday	When Center is Open	Free
Euchre	Thursday	1:00 PM	Free
Exercise Class	Monday, Wednesday & Friday	9:00 - 10:00 am	\$1.00 per class
Golf Card Game	Monday	12:30 PM	Free
Knit & Crochet	Friday	9:00 - 11:00 am	Free - Bring your own supplies.
Line Dance	Monday	9:00 - 10:30 am	\$5.00 per class
Mahjong	Friday	10:15 am	Free
Movie	2nd Friday & After Quarterly Mtgs.	1:00 PM	Free
Pickle Ball	Mon. & Wed. at the Boys & Girls Club	Mon: 12-2, Wed: 11-1	Drop In: \$3.00, League: \$20.00
Ping Pong	Monday, Thursday & Saturday	Mon-11, Th-8:30, Sat-9	Free
Pool (Billiards) - Open	Monday thru Friday	When Center is Open	Free
Pool (Billiards) - Ladies	Tuesday	10:00 AM	Free
Scrabble	Wednesday	10:30 AM	FREE
Senior Dining 658-9311	Monday thru Friday	12:00 noon	Anonymous Donation
Sheepshead	Tuesday & Wednesday	Tues.9:30 / Wed.1:00	Free
Swimming - Open	Tuesday & Thursday at Reuther H.S.	7:00 - 8:30 am	School Year Free / Summer \$25
Tai Chi	Tuesday & Saturday	Tues.9:40 / Sat.9:15	\$3.00 per class
Trips	One or Two per month	See Newsletter	See Newsletter
Wii Bowling - League	Winter/Spring League is on Mondays. Summer/Fall League is on Thursdays	1:00 - 3:30 pm	\$5.00 Sign Up Fee
Wii Bowling - Open	Monday (not held during tax season)	1:00 - 3:30 pm	Free
Woodcarving	Monday	9:00 - 11:00 am	Free
Woodturning	Monday thru Friday	9:00-11:00 & 1:00-3:00	First visit \$20, then \$1. ⁰⁰ per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga Class (Chair)	Mondays	1:00 - 2:00 pm	\$1.00 per class

TRIAD of Kenosha County



Presents

John Van Thiel The Voice Of Elvis!

At the 2017 Senior Safety Expo

In Honor of World Elder Abuse Awareness Day

Thursday, June 15, 2017

Madrigrano Auditorium

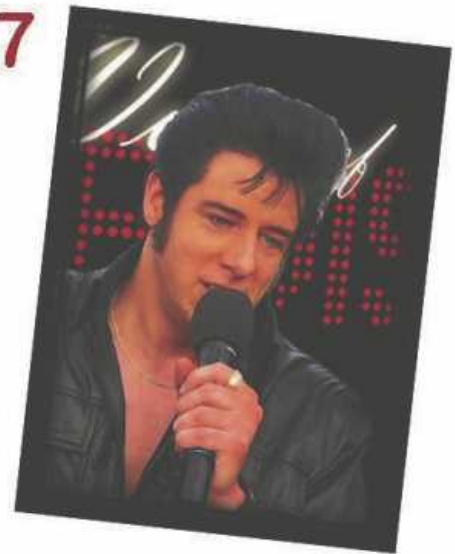
Gateway Technical College

3520 30th Ave. Kenosha

Expo Hours: 10:00am-1:00pm

Register for **FREE** Lunch

Call 262-909-8344 by June 1, 2017



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Kentucky Derby Dance

A few days before the dance we had a Derby Hat Making Party. Several people came and made something lovely to wear. This was one good looking dance!





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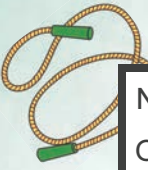
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June Word Search



N B L O C K S T I C T A C T O E G S S D N T R N
 O N T M A R B L E S P R I N K L E R I A A A E U
 O T R I C Y C L E L D A R C S T A C E V C F T G
 L A C I N O M R A H X E E E B S I R F E E W O T
 L K N U G P O P S L I P N S L I D E I N H I O R
 A P Y S P E E H O P S C O T C H P D B O T Y C I
 B S O C K M O N K E Y E Y T F W U D W G K C S U
 R U B B E R B A N D S H O O T E R A J A C K S Q
 E P O R P M U J F Y U Z Y T I D D L Y W I N K S
 T E S R E K C A L C W F S K C I T S P U K C I P
 A R G K E E S N E D I H H N L L A B E L D D A P
 W B U B B L E S K A L E I D O S C O P E X O O L
 A A K H E N A L P R I A A S L A B C O D S L L C
 S L I N K Y S I L L Y P U T T Y E A O Z P L I F
 Q L B E A N B A G S B I C Y C L E J L V A S U Y
 H U L A H O O P T O Y S O L D I E R S X S K L B



Summer begins,
 and these are toys and games we loved to play
 on warm summer days.



- | | | |
|----------------|---------------------|-------------------|
| BALSA AIRPLANE | JACOBS LADDER | SLINKY |
| BEAN BAGS | JUMP ROPE | SLIP N SLIDE |
| BICYCLE | KALEIDOSCOPE | SOCK MONKEY |
| BLOCKS | KAZOO | SPRINKLER |
| BUBBLES | KICK THE CAN | SQUIRT GUN |
| CATS CRADLE | MARBLES | SUPER BALL |
| CLACKERS | PADDLE BALL | TIC TAC TOE |
| DOLLS | PICK UP STICKS | TIDDLY WINKS |
| FRISBEE | POOL | TIN PENNY WHISTLE |
| HARMONICA | POP GUN | TOY SOLDIERS |
| HIDE N SEEK | RUBBER BAND SHOOTER | TRICYCLE |
| HOPSCOTCH | SCOOTER | WAGON |
| HULA HOOP | SILLY PUTTY | WATER BALLOON |
| JACKS | SLIDE WHISTLE | YO YO |



The answer to this puzzle is on page 19.



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Senior Dining Menu for June 2017

To make reservations for the Kenosha Senior Center meal site, you must call at least 24 hours in advance of the day you want a meal. Call Monday thru Friday **before 10:30am** at **658-9311**. The county's senior dining program is open to those 60+ and their spouse regardless of age. For any other questions, or more information about the meal program, call Senior Dining at 658-3508, ext. 112.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Spaghetti & Meatballs w/Marinara Sauce Capri Blend Vegetables Chilled Pears Broccoli Salad	2 Herbed Baked Chicken Mashed Potatoes with Gravy Green Bean Casserole Bran Muffin Bread Fresh Melon Carrot Raisin Salad
5 Salisbury Steak Mashed Potatoes and Gravy Stewed Tomatoes Whole Wheat Bread Whole Orange Beet Salad	6 Broccoli Cheddar Soufflé OR Grilled Chicken Salad w/ Bacon Ranch Dressing Lettuce & Tomato Chef's Choice Banana Butternut Squash Bisque	7 Italian Beef Au Gratin Potatoes Harvard Beets Wheat Sandwich Bun Mixed Fruit Kidney Bean Salad	8 Chicken Booya & Vegetables Mashed Potatoes Rye Bread Spiced Apples Pea Salad	9 Turkey Pasta Salad w/Shell Rigate Lettuce & Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits Cucumber Salad
12 BBQ Riblet Baked Potato Parslied Cauliflower Sliced Wheat Bun Mixed Fruit Cole Slaw	13 Italian Sausage on Wheat Sandwich Bun OR Turkey Spinach Wrap w/ Red Pepper Aioli Sauce Lettuce & Tomato Fruit Juice Fresh Melon 15 Bean Soup	14 Jambalaya Brown Rice & Red Peppers Broccoli Corn Bread Chilled Pears Chef's Choice Salad	15 Dilled Tuna Salad Lettuce & Tomato Garbanzo & Kidney Bean w/Slivered Carrots, Balsamic Wheat Sandwich Bun Chilled Peaches Fresh Melon	16 Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange Romaine Salad
19 Kielbasa Dilled Baby Red Potatoes Red Cabbage and Apples Rye Bread Fruit Cup Vegetable Vinaigrette	20 Italian Beef & Swiss on American Focaccia OR Orzo Chicken Salad Lettuce & Tomato Chef's Choice Pineapple Tidbits Split Pea Soup	21 Apple Raisin French Toast Strata Diced Hash Browns Sausage Links Fresh Melon Juice	22 Baked Meatloaf w/Country Gravy Mashed Potatoes Peas & Carrots Whole Wheat Bread Banana Mediterranean Vegetable Soup	23 Potato Crusted Fish Filet Au Gratin Potatoes Cole Slaw Whole Wheat Bread Hot Applesauce
26 Meatball Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Soft Hoagie Roll Ranger Cookie Whole Orange	27 BBQ Riblet Sliders OR Parmesan Tuna Sliders Lettuce & Tomato Mini Corn Dusted Sliders Whole Apple Potato Salad Fire Roasted Tomato Soup	28 Ham & Turkey Club Focaccia Flat Bread Lettuce & Tomato Pea Salad Pineapple Tidbits Mushroom Barley	29 Chicken & Mini Dumplings Garden Vegetables Beet Salad Crackers Hot Glazed Apples Banana	30 Breaded Veal Cutlet w/Artichoke Sauce Mashed Potatoes Broccoli Whole Wheat Bread Pudding Fresh Melon

June Sudoku Puzzle

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled in numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

The answer to this puzzle is on page 19.

		4		2	5			
8		2			1	7		5
		9				8	1	2
	5		2			1	6	7
6	8		3	1	9		2	
	2		5	6				9
	1						7	8
2	9		4		3	6	5	1
7		5	1					

* A Sudoku puzzle may have more than one correct solution.



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Friendly

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Special Events for June 2017

Benefit Assistance

Tuesdays in June, 11:30am - 12:30pm

A Benefit Assistant will be at the Senior Center to answer your questions about Social Security, Medicare or any other senior benefit. No appointment is needed. You can also call their office at (262) 605-6646 with questions.

Blood Pressure Screening

Tuesday, June 6, 11:00 am - 12:00 pm

Get your blood pressure checked at the Senior Center. Sponsored by Waters Edge.

Craft Fair Sign Up

Wednesday, June 7, 10:30 am

Sign up begins for last year's returning crafters.

Movie: Lion

Friday, June 9, 1:00 pm

A lost 5 year old boy in India survives many challenges before being adopted by a couple in Australia. He grows up in a loving family, but can't forget the family he lost. Twenty five years later, he sets out to find them.

**Rated: PG 13,
Run Time: 2 hrs**



Trip Sign Up: State Fair

Tuesday, June 13, 8:40am

Blood Pressure Screening

Tuesday, June 13, 11:00 am - 12:00 pm

Get your blood pressure checked at the Senior Center. Sponsored by Sheridan Medical.

KSC Board Meeting

Tuesday, June 13, 1:00pm

World Elder Abuse Day Event

Thursday, June 15, 10:00 am - 1:00 pm

See page 11 for more information.

Dance: 1960's

Friday, June 16, 1:30 pm

Ernie Garner will be here. Senior Center dances are Free and Open to the Public. Refreshments and door prize sponsored by Grove on the Lake & Heritage Woods of Gurnee. See page 7 for more information.

Senior Center Closed Father's Day Weekend

Saturday - Sunday, June 17 & 18

Trip Sign Up: Odyssey Cruise & Navy Pier

Tuesday, June 20, 8:40am

Trip: Brewers Ballgame

Thursday, June 22, 9:45 am

Aging & Disability Resource Center - ADRC

Friday, June 23, 11:00 am

A representative from the ADRC will be at the Kenosha Senior Center. Stop in with your questions. It's free and no appointment is needed.

Blood Pressure Screening

Tuesday, June 27, 11:00 am - 12:00 pm

Get your blood pressure checked at the Senior Center. Sponsored by Meadowmere.

Free BINGO for Members

Tuesday, June 27, 1:00 pm

Free Bingo for members of the Kenosha Senior Center. Prizes and refreshments sponsored by Sheridan Medical. You must call the Senior Center at 359-6260 by the Friday before Bingo to sign up.

New Member Orientation

Wednesday, June 28, 9:00 am

Stop in and learn more about the Senior Center. Take a tour and get your questions answered. No appointment is necessary, just come in.

Senior Center Closed 4th of July Weekend

Saturday & Sunday, July 1 & 2

Senior Center Closed for 4th of July

Tuesday, July 4



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Kenosha Senior Center Newsletter:
 Welcome to a Brighter Day

June 2017 - Published Irregularly

Kenosha
 Senior Center
 2717 - 67th Street
 Kenosha, WI 53143



Member Wisconsin Association
 of Senior Centers

In Memoriam



Our deepest sympathy is
 extended to the families of

Linda Grinder, Gaye Sakyoni

and all those who recently suffered a loss.
 Our hearts, thoughts & prayers are with you.

Become a Member

Stop by the Senior Center to sign up
 Monday thru Friday, 8:30 am - 3:45 pm.

You must be at least 55 years old to join
 (or the spouse of a current member,
 if you are under 55)

Kenosha Senior Center

Resident Memberships
are \$12.00 per year

for those who live within the Kenosha
 Unified School District boundaries,
 which are: I-94 on the West
 County Line Road on the North
 State Line on the South
 Lake Michigan on the East

Non-Resident Memberships
are \$50.00 per year

for those 55 & older who live outside the
 Kenosha Unified School District boundaries.

Note: All persons attending the Senior Center
 must be current members.

Exceptions: Participation in the Senior
 Dining program, which is run separately,
 monthly dances and public information
 programs which will be indicated as
 "Open to the Public".

1	7	4	8	2	5	9	3	6
8	3	2	6	9	1	7	4	5
5	6	9	7	3	4	8	1	2
9	5	3	2	4	8	1	6	7
6	8	7	3	1	9	5	2	4
4	2	1	5	6	7	3	8	9
3	1	6	9	5	2	4	7	8
2	9	8	4	7	3	6	5	1
7	4	5	1	8	6	2	9	3

Answer to
 this month's
 Sudoku
 puzzle on
 page 17.

Answer to this month's Word Search from page 14.





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June 2017